



St. Dunstan's

— EPISCOPAL CHURCH —

Holy Communion: Rite One
Third Sunday in Lent
March 8, 2026 | 8:00 & 10:00 AM



WELCOME!

We are an Episcopal (Anglican) community of various backgrounds and beliefs, drawn together by our love of God in Jesus Christ. We believe that God's radically inclusive love excludes no one. At St. Dunstan's, all people are welcome, no exceptions. Please visit our Welcome Table on the patio to get more information about our church. A "Welcome Pad" is located at the end of each pew if you would like to share your name and/or contact information. If you are interested in membership, please speak with our Rector, Rev. Rebecca. We're so glad you're here!

Prayer book & Hymnals: In the pews you will see various books in different colors. The red book is our Book of Common Prayer (BCP). BCP pages are included if you prefer to use the Prayer Book. The blue Hymnal 1982 contains many of the hymns in today's service. Other hymns, beginning with "J-", can be found in the white, large ringed book entitled "Make a Joyful Noise," produced by our Parish Musician, Gregory Funk.

The Prelude: *O man, bemoan thy grievous sin*

J.S. Bach

Opening Hymn 522 (8:00 v1-2)

Glorious things of thee are spoken

Descant

4 Blest in - hab - it - ants of Zi - on, washed in the Re -

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty
2 See! the streams of liv - ing wa - ters, spring - ing from e -
3 Round each ha - bi - ta - tion hov - ering, see the cloud and
4 Blest in - hab - it - ants of Zi - on, washed in the Re -

deem - er's blood! Whom their souls re -

of our God; he whose word can - not be
ter - nal love, well sup - ply thy sons and
fire ap - pear for a glo - ry and a
deem - er's blood! Je - sus, whom their souls re -

ly on, makes them kings and priests to God.

bro - ken formed thee for his own a - bode;
daugh - ters and all fear of want re - move.
cov - ering, show - ing that the Lord is near.
ly on, makes them kings and priests to God.

'Tis his love his peo - ple raise o - ver
 on the Rock of A - ges found-ed, what can shake thy
 Who can faint, when such a riv - er ev - er will their
 Thus de - riv - ing from their ban - ner, light by night, and
 'Tis his love his peo - ple rais - es o - ver self to

self to reign and as priests, his
 sure re - pose? With sal - va - tion's walls sur -
 thirst as - suage? Grace which, like the Lord, the
 shade by day, safe they feed up - on the
 reign as kings: and as priests, his sol - emn

sol - emn prais - es each an of - fering brings.
 round - ed, thou may'st smile at all thy foes.
 giv - er nev - er fails from age to age.
 man - na which he gives them when they pray.
 prais - es each for a thank - of - fering brings.

Opening Sentence

Celebrant Bless the Lord who forgiveth all our sins.

People His mercy endureth forever.

The Decalogue: Traditional *please kneel if able*

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain.

Lord have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

Lord have mercy upon us, and incline our hearts to keep this law.

Honor thy father and thy mother.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt do no murder.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not commit adultery.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not steal.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbor.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not covet.

Lord have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Seeing that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need. Let us humbly confess

our sins unto Almighty God.

Confession, *please kneel if you are able*

BCP 320

Let us humbly confess our sins unto Almighty God.

Celebrant & People

Almighty and most merciful father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

Absolution

BCP 321

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. *Amen.*

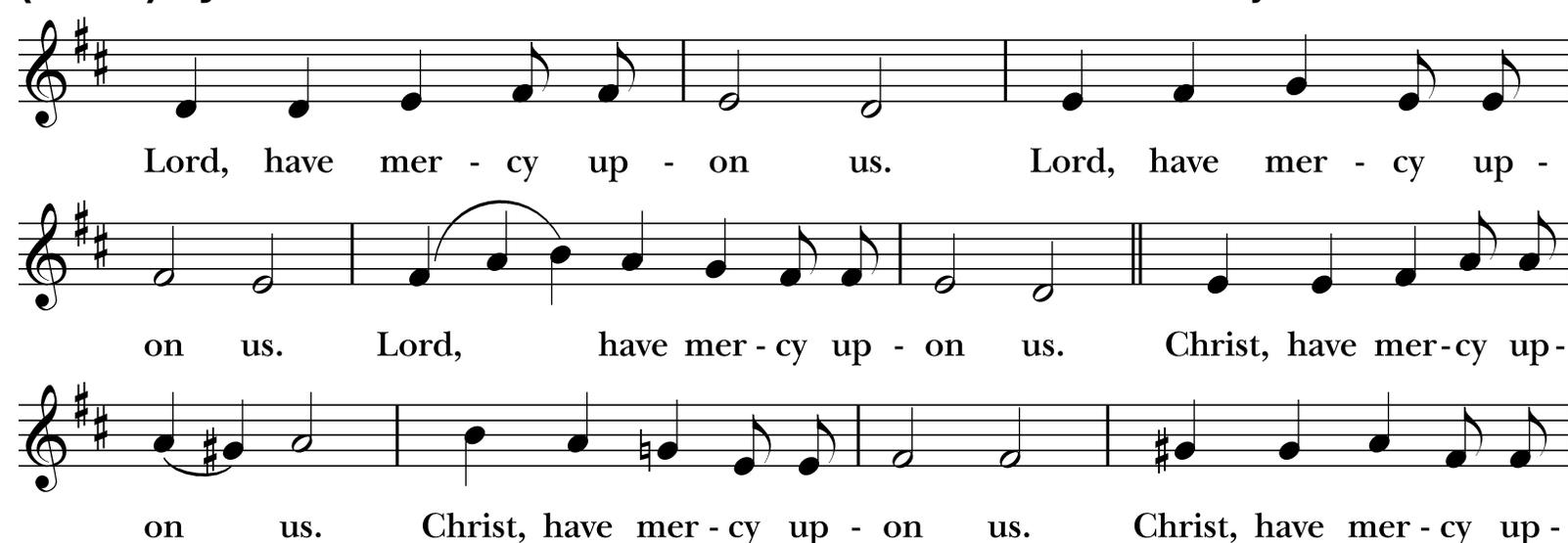
(8:00) Kyrie Eleison

BCP 324

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

(10:00) Kyrie Eleison

Hymnal S 91



Lord, have mer - cy up - on us. Lord, have mer - cy up -
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -

on us. Lord, have mer - cy up - on us.

Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

Music: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968). By permission of Oxford University Press.

The Collect of the Day

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

All are seated.

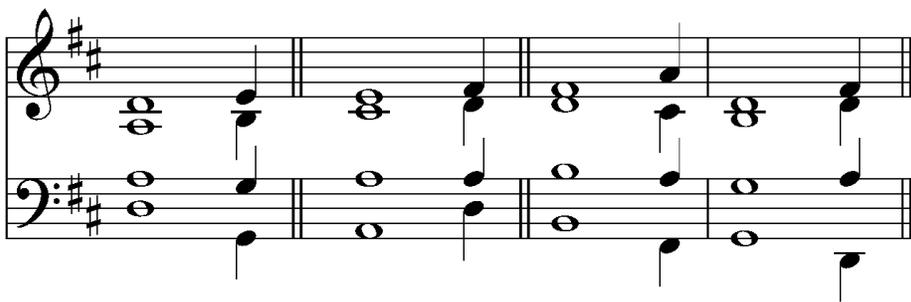
First Reading: Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

Thanks be to God.

Psalm 95



1 Come, let us sing to the / Lord; *

let us shout for joy to the Rock of our sal-/vation.

2 Let us come before his presence with thanks-/giving *

and raise a loud shout to him with / psalms.

3 For the Lord is a / great God, *

and a great King above / all gods.

4 In his hand are the caverns of the / earth, *

and the heights of the hills are his / also.

5 The sea is his, for he / made it, *

and his hands have molded the / dry land.

6 Come, let us bow down, and bend the / knee, *

and kneel before the Lord our / Maker.

7 For he is our God,

and we are the people of his pasture and the sheep of his / hand. *

Oh, that today you would hearken to his / voice!

8 Harden not your hearts,

as your forebears did in the / wilderness, *

at Meribah, and on that day at Massah,

when they / tempted me.

9 They put me to the / test, *

though they had seen my / works.

10 Forty years long I detested that generation and / said, *

"This people are wayward in their hearts;

they do not know my / ways."

11 So I swore in my / wrath, *

"They shall not enter into my / rest."

Second Reading: Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person

someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

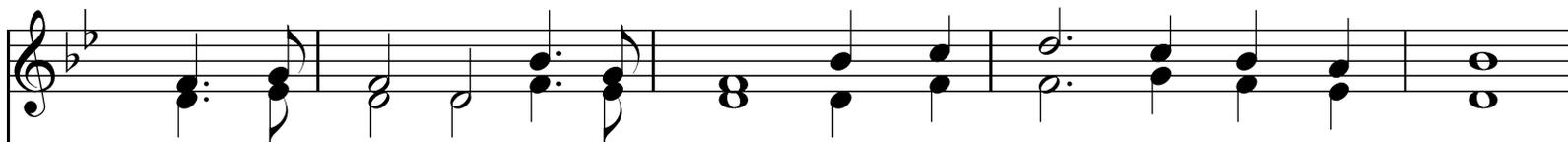
Thanks be to God.

Sequence Hymn 685 (8:00 v1-2), standing as able

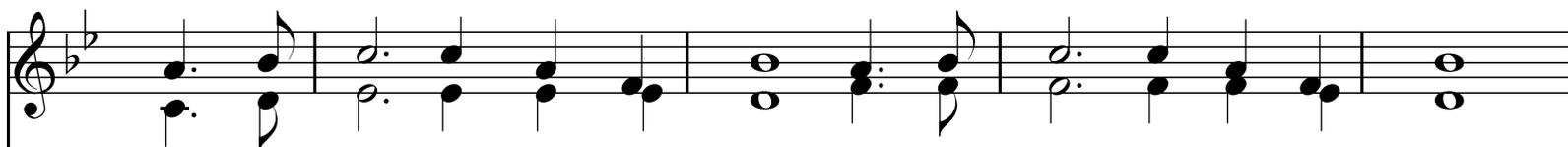
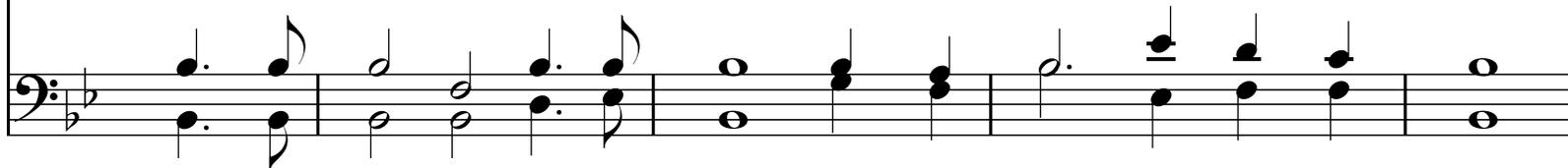
Rock of ages

Rock of ages, cleft for me

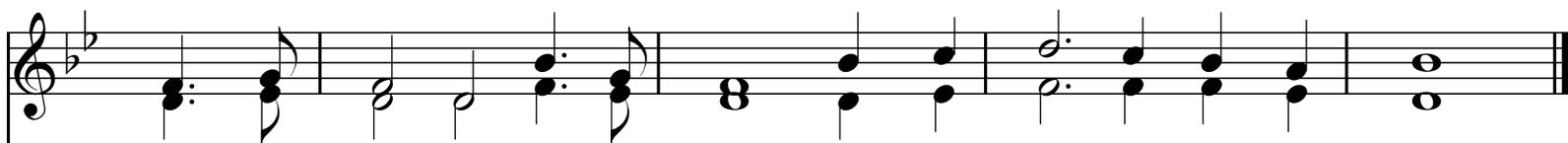
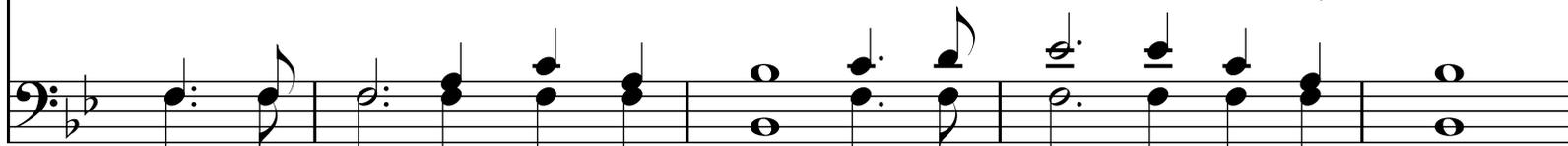
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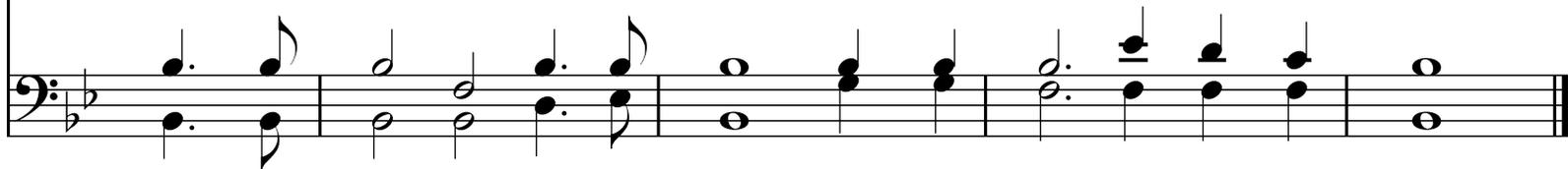
1 Rock of a - ges, cleft for me, let me hide my - self in thee;
2 Should my tears for ev - er flow, should my zeal no lan - guor know,
3 While I draw this fleet - ing breath, when mine eye - lids close in death,



let the wa - ter and the blood from thy wound - ed side that flowed,
all for sin could not a - tone: thou must save, and thou a - lone;
when I rise to worlds un - known and be - hold thee on thy throne,



be of sin the dou - ble cure, cleanse me from its guilt and power.
in my hand no price I bring, sim - ply to thy cross I cling.
Rock of a - ges, cleft for me, let me hide my - self in thee.



The Holy Gospel: John 4:5-42

Leader The Holy Gospel of our Lord Jesus Christ according to John...

People *Glory be to thee, O Lord.*

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has

brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

The Gospel of the Lord.

Praise be to thee, O Christ.

(10:00) Children’s Moment

Sermon

The Rev. D Rebecca Hansen

The Nicene Creed, *standing as able*

Celebrant & People

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Prayers of the People

We have been birthed for holiness in Christ, by whose arduous labor we are awakened to life. That the wounds of our crucified Christ may not be in vain, let us pray to the Lord, saying: We beg for mercy, O God.

For the whole church catholic, for an end to our divisions, for all who lead and all who minister, and for all the baptized, we pray:

We beg for mercy, O God.

For all who seek the living waters of baptism, and for all sponsors, we pray:

We beg for mercy, O God.

For the nations, for peacemakers, for all the world's peoples, for the governing authorities in every city and state, and for the wealthy and free to uplift the poor and oppressed, we pray:

We beg for mercy, O God.

For the will to give all your people access to your grace, and for the will to supply food and sustenance to all the world's people, we pray:

We beg for mercy, O God.

For all whom we avoid, those we consider ungodly, the outcasts and beggars, the downtrodden, for our enemies, and for an end to our hardness of heart, we pray:

We beg for mercy, O God.

For hearts to do what is good and right and true, and for humility before

Christ, that we may never murmur against you, O holy God, we pray:
We beg for mercy, O God.

For all who yearn for health, for the handicapped, for those in mental anguish or spiritual turmoil, for the incurably ill, and for all who remember and care for them. We especially pray for those on our prayer list: David, Fr Ken, Polly, Jean, William, Craig, Cynthi, Sheila, Jaimy, Shirley, Margaret, Mary Helen
Let us pray to the Lord:
We beg for mercy, O God.

We also pray for requests from our community:

- For an end to war and peace for the people of Syria, Sudan, Congo, Ukraine and Venezuela, Israel, Lebanon and Iran
- For God's compassion, truth, justice and peace to rule in our hearts as a nation.
- For local and international stability and security.
- For refugees, migrants, the hungry and those who cannot afford food, including the more than 100 local families being served through our church weekly.

From the Anglican Cycle of Prayer, we pray for the Episcopal Church in Jerusalem and the Middle East. We also pray for Sarah Mullally, as she prepares for her installation as the Archbishop of Canterbury.

From our Diocesan cycle of prayer, we pray for the clergy and people of St. Hugh's, Idyllwild, and for Camp Stevens and those who are discovering camp for the first time.

From our military cycle of prayer we pray for those who serve in the Marine Medium Tiltrotor Squadron 163, MCAS Miramar

You are invited to add your own petitions at this time in your heart or with your voice.

Concluding Collect

We praise you, God of our hope, for all the faithful before us who entered into your labors and worshiped you in truth, that we may live faithfully to eternal life, we pray. Amen.

The Peace

BCP 360

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People And also with you.

You are invited to share a sign of peace or greeting those around you.

Announcements

Birthday and Anniversary Prayers

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen.

(10:00) Prayer Quilts, *said together*

Gracious and Loving God, we thank You for the loving hands and spirits of those who created this quilt for the comfort of those in need. Let this quilt be a tangible sign and symbol of your enfolding love as Your Holy Spirit embraces them, eases their pain and worry, and brings them Your comfort and peace. In Jesus' name we pray. Amen.

Offertory Sentence

(10:00) Offertory Anthem: *Surely he hath borne our griefs, from Messiah*
G.F. Handel

Surely he hath borne our griefs, and carried our sorrows!
He was wounded for our transgressions,
he was bruised for our iniquities;
the chastisement of our peace was upon him.

(8:00) Celebrant All things come from thee, O Lord.

People And of thine own have we given thee.

The Great Thanksgiving (8:00 spoken)

Eucharistic Prayer I

Celebrant The Lord be with you. *People* And with thy spi - rit.

Celebrant Lift up your hearts. *People* We lift them up un - to the Lord.

Celebrant Let us give thanks un - to our Lord God.

People

It is meet and right so to do.

Setting: Copyright © Church Publishing Inc.

Celebrant

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

The Celebrant adds a Proper preface.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Celebrant and People (8:00 spoken)

Hymnal S 114

Ho - ly, ho - ly, ho - ly, Lord God of
 Hosts: Hea - ven and earth are full of thy glo - ry. Glo -
 - ry be to thee, O Lord Most High. Bless - ed is he that com - eth
 in the name of the Lord. Ho - san - na in the high - est.

Music: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968). By permission of Oxford University Press.

Celebrant

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end.

Celebrant *People*

A-men.

Setting: Copyright © Church Publishing Inc.

And now as our Savior Christ has taught us, we are bold to say

*Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.*

Give us this day our daily bread.

*And forgive us our trespasses,
as we forgive those who trespass against us.*

*And lead us not into temptation,
but deliver us from evil.*

*For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.*

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Lamb of God (8:00 spoken)

Hymnal S 158

O Lamb of God, that ta - kest a -
way the sins of the world, have mer - cy up -
on us. O Lamb of God, that
ta - kest a - way the sins of the world, have

mer - cy up - on us. O Lamb of
 God, that ta - kest a - way the sins of the
 world, grant us thy peace.

Music: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968). By permission of Oxford University Press.

Celebrant & people

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion

All are welcome to receive Holy Communion in the Episcopal Church regardless of your church/denominational background. Please extend 2 hands if you wish to have your bread dipped into the wine and extend one hand if you prefer to receive bread only and/or the common cup. If you need gluten free bread or prefer no wine, please indicate this. If you do not want Communion, you can come forward for a blessing instead, indicated by crossing your hands over your chest or simply remain in your seat.

Prayers for healing of body, mind or spirit are offered during Communion in the outdoor garden by our Prayer Team members at this time.

(10:00) Communion Solo: *Lamb of God*

Twila Paris

Your only Son no sin to hide But You have sent Him from Your side
 To walk upon this guilty sod And to become the Lamb of God

Your gift of love they crucified They laughed and scorned Him as he died

The humble King they named a fraud And sacrificed the Lamb of God

Oh Lamb of God, Sweet lamb of God I love the Holy Lamb of God

Oh wash me in His precious Blood My Jesus Christ the Lamb of God

I was so lost I should have died But You have brought me to Your side

To be led by Your staff and rod And to be called a lamb of God

(10:00) Communion Hymn 658

As longs the deer

As longs the deer for cooling streams

658

1 As longs the deer for cool - ing streams in
 2 For thee, my God, the liv - ing God, my
 3 Why rest - less, why cast down, my soul? Hope
 4 To Fa - ther, Son, and Ho - ly Ghost, the

parched and bar - ren ways, so longs my soul, O
 thirst - y soul doth pine: O when shall I be -
 still, and thou shalt sing the praise of him who
 God whom we a - dore, be glo - ry, as it

God, for thee and thy re - fresh - ing grace.
 hold thy face, thou Ma - jes - ty di - vine?
 is thy God, thy health's e - ter - nal spring.
 was, is now, and shall be ev - er - more.

Words: New Version of the Psalms of David, 1696, alt.; para. of Psalm 42:1-7. Music: *Martyrdom*, melody and bass Hugh Wilson (1764-1824); adapt. and harm. Robert Smith (1780-1829).

Sending out of Eucharistic Visitors

Priest In the name of Christ Jesus, and through the family of St. Dunstan's, we send you out bearing these holy gifts for God's holy people: that those who will receive them with us may experience the majesty and the mystery of His presence. We who are many are one body,

People *because we all share one bread and one cup.*

Post Communion Prayer

BCP 365

Celebrant Let us pray

Celebrant & people

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. *Amen.*

Blessing

Celebrant

Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you now and remain with you forever. *Amen.*

Closing Hymn 690 (8:00 v1-2)

Guide me. O thou great Jehovah

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.
 shield, be thou still my strength and shield.
 thee, I will ev - er give to thee.

The Dismissal

Go in peace to love and serve the Lord.

Thanks be to God.

The Postlude

INTERCESSIONS

The names listed here are for your daily prayers throughout the coming week. You are welcome to add names to the list before or after the service in the clipboard located in the narthex. If you have a prayer request, please contact the church office at 619-460-6442 or Ellen Single at 619-241-2925 and tell us if you want it made available just to the Clergy, to the Daughters of the King, or to the whole parish. Names will be removed 1 month after they are listed.

Healing: David Hansen, Fr Ken Simon, Polly Kinsey, Jean Igoe, William Corpening, Craig Connelly, Cynthi Miller, Jaimy Scott, Shirley Mann, Margaret Henson, Mary Helen Kane

Birthdays this week: Kimberly Sokolnicki, Timmy Sokolnicki, Tommy Sokolnicki, James Gordon, Dick Jones

PARISH NOTICES

Tuesday Noon Book Study

The Tuesday Noon Book Study will begin next Tuesday, MARCH 10th, at noon in the Office Conference Room or by zoom. We will be reading from our new selection 'THE GIFT OF YEARS, Growing Older Gracefully' by Joan Chittister. This is a book that many might be interested in, regardless of your age.

'Chittister beautifully downplays regrets and accents the rewards of a mature life...she focuses on the new beginnings that life can offer at this stage.' LIBRARY JOURNAL

'Joan Chittister has a prophetic voice that is desperately needed in our troubled time.' KAREN ARMSTRONG, author of 'The Great Transformation'. ALL ARE WELCOME no matter what stage of life you are in!

St Dunstan's High School Seniors!

If you're a high school senior, now is the time to think about college financial assistance! The Biondo Memorial Scholarship is available only to St. Dunstan's high school seniors who have been accepted to an accredited four-year college or university. This year only, it is also open to members of St. Dunstan's who have not been a previous winner of a Biondo Scholarship. To request a Biondo Scholarship application, email Vanessa Hiday, St. Dunstan's Parish Administrator, at vanessah@stdunstans.org. If you have

questions or need additional information, reach out to Bill Chisum. **ALL completed applications MUST be emailed to Bill by May 23.**

Palm Cross Making will be on Thursday, March 26th at 5:30pm in the Parish Hall. New members are invited to learn, but please bring your own scissors. Childcare will unfortunately be unavailable.

Join Lent Madness 2026!

You are invited to the annual fun tradition of learning more about the saints by participating in the Episcopal Church's "Lent Madness" throughout the duration of Lent. Be sure to subscribe to the daily Lent Madness updates, read about the dueling- saints of the day, and then cast your vote in this "tournament" of the saints! Out of 32 saints only one will be the winner and be awarded the coveted Golden Halo. For more information and to participate/subscribe check out: www.lentmadness.org

Fun Stuff For The Easter Egg Hunt!

Please pick up empty Easter eggs in the Narthex (the area when you first enter the church through the double doors) to fill with goodies, candy, etc. and return by Palm Sunday (March 29). The eggs will be available starting on March 15. If you are unable to fill the eggs but would like to donate items so volunteers can fill them for you, email vanessah@stdunstans.org.

Fresh Flowers Needed

One of St. Dunstan's most beloved Easter Sunday traditions is decorating the large wooden Easter cross with fresh flowers. We will accept all fresh-cut flowers (from your garden or bought) Please bring them on Easter Sunday (April 5) before 10 AM.

Easter Sunday Brunch Foods

St. Dunstan's will host our annual Easter Sunday continental brunch, which will be held after the first service until around noon. We need finger food donations (deviled eggs, breakfast breads, doughnuts, etc.). A sign-up sheet will be on the Welcome table starting on March 15. If you cannot sign up on Sundays, please email Sue Caldwell.

Men's Barbecue | March 31 | 6 Pm

The Men's Barbecue (formerly known as Steak and Stein) is back again on Tuesday, March 31 at 6PM. It's a great time for the men of the parish to get together for good food and terrific conversation! Bring your own beverage of choice and bring your own meat to grill. Baked potatoes, salad, and rolls will be provided. This event is open to all men of the parish over the age of 21. Bring a friend! We look forward to seeing you there!

ASSISTING IN TODAY'S SERVICE

Clergy	The Rev. D. Rebecca Hansen
Music	Gregory Funk, Parish Musician Leigh Skinner, soloist
Readers	Marty Olson & Donna Vaughan Luke & Jessie Thivierge, Pam Matosian
Eucharistic Ministers	Donna Vaughan Pam Matosian, CJ Lowder, Mindy Wilcox
Altar Guild	AJ Redwine, CJ Lowder
Healing Prayer Team	Julia Cain, Matt Brown Anne Elise Kelly, Ann Jarrett
Acolytes	Richard, Sarah, Graysen, Brennie
Sunday Sexton	Ryan Sifton

Connect: The Rev. D. Rebecca Hansen, Rector, rhansen@stdunstans.org

Church office hours: M-TH, 9am-3pm; Fridays 9am-12pm noon

INFORMATION FOR THE SERVICE

St. Dunstan's Pledge cards are available in the back of the church. You can mail a check to the office or donate online through ACS or on www.stdunstans.org or in person on Sunday morning.

If you wear **hearing aids with T-coil** you can hear our service directly through your hearing aids. If you do not have T-coil, or have hearing loss and are not yet ready for hearing aids, you can use one of our portable receivers and headset. A "**quiet room**" with streaming of the service is available in the backz corner of this building and accessible seating options are marked and available throughout the church. Check with a Hospitality Minister for assistance.

Children of all ages are welcome in our services (noises and all). Our nursery is also open all morning for ages 0-3 (located on the east side of this building) and our "Pray-Ground" (front-left pew of the church) is open during the service with quiet children's activities. Christian education is at 9:00am for all ages (Sept-May) and during the 10:00am service children are welcome to come forward for a "Children's Moment" and may leave with teachers during the sermon for brief children's education and return just before Holy Communion. Children of all ages may receive Holy Communion at their parent's discretion.

Accessible bathrooms are located inside the church to the left and right of the main entrance. Please let a Hospitality Minister know if you need assistance with anything or have any questions.