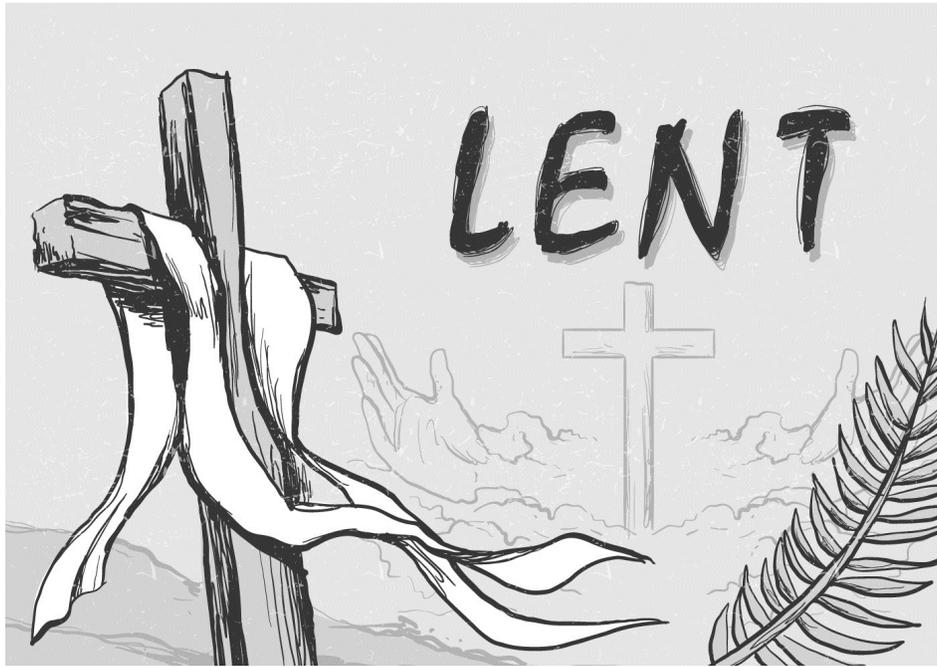




# St. Dunstan's

— EPISCOPAL CHURCH —

**Holy Communion: Rite One**  
**First Sunday in Lent**  
**February 22, 2026 | 8:00 & 10:00 AM**



## **WELCOME!**

We are an Episcopal (Anglican) community of various backgrounds and beliefs, drawn together by our love of God in Jesus Christ. We believe that God's radically inclusive love excludes no one. At St. Dunstan's, all people are welcome, no exceptions. Please visit our Welcome Table on the patio to get more information about our church. A "Welcome Pad" is located at the end of each pew if you would like to share your name and/or contact information. If you are interested in membership, please speak with our Rector, Rev. Rebecca. We're so glad you're here!

**Prayer book & Hymnals:** In the pews you will see various books in different colors. The red book is our Book of Common Prayer (BCP). BCP pages are included if you prefer to use the Prayer Book. The blue Hymnal 1982 contains many of the hymns in today's service. Other hymns, beginning with "J-", can be found in the white, large ringed book entitled "Make a Joyful Noise," produced by our Parish Musician, Gregory Funk.

**The Prelude:** *Christ in the Wilderness* (Hymn 150)  
Wyton

Alec

**(8:00) The Great Litany**  
**(10:00) The Great Litany**

BCP p 148 Hymnal S 67  
BCP p 148 J-Book J-33

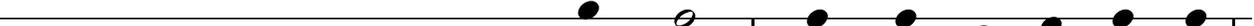
The Officiant at the Litany may be a lay cantor.

*Officiant*  *People* 

O God the Father, Creator of heaven and earth, Have mer - cy up - on us.

*Officiant*  *People* 

O God the Son, Redeemer of the world, Have mer - cy up - on us.

*Officiant*  *People* 

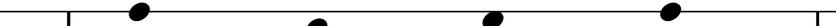
O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.

*Officiant*  *People* 

O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.

*Officiant* 

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

*People* 

preserve us for ev - er. Spare us, good Lord.

*Officiant* 

From all evil and wickedness; from sin; from the crafts and assaults of the



devil; and from everlast - ing dam - na - tion,

*People* 

Good Lord, de - liv - er us.

(This same response is sung after the petitions that follow)

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us, for ever.

*Spare us, good Lord.*

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,  
*Good Lord, deliver us.*

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,  
*Good Lord, deliver us.*

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,  
*Good Lord, deliver us.*

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,  
*Good Lord, deliver us.*

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,  
*Good Lord, deliver us.*

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,  
*Good Lord, deliver us.*

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,  
*Good Lord, deliver us.*

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,  
*Good Lord, deliver us.*

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,  
*Good Lord, deliver us.*

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,



We beseech thee to hear us, good Lord.

*(This same response is sung after the petitions that follow)*

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,  
*We beseech thee to hear us, good Lord.*

That it may please thee to bless and keep all thy people,  
*We beseech thee to hear us, good Lord.*

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,  
*We beseech thee to hear us, good Lord.*

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,  
*We beseech thee to hear us, good Lord.*

That it may please thee to bring into the way of truth all such as have erred, and are deceived,  
*We beseech thee to hear us, good Lord.*

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,  
*We beseech thee to hear us, good Lord.*

That it may please thee so to rule the hearts of thy servants, the President of the United States (*or of this nation*), and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,  
*We beseech thee to hear us, good Lord.*

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,  
*We beseech thee to hear us, good Lord.*

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,  
*We beseech thee to hear us, good Lord.*

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,  
*We beseech thee to hear us, good Lord.*

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,  
*We beseech thee to hear us, good Lord.*

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

*We beseech thee to hear us, good Lord.*

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

*We beseech thee to hear us, good Lord.*

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

*We beseech thee to hear us, good Lord.*

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

*We beseech thee to hear us, good Lord.*

That it may please thee to have mercy upon all mankind,

*We beseech thee to hear us, good Lord.*

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

*We beseech thee to hear us, good Lord.*

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

*We beseech thee to hear us, good Lord.*

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

*We beseech thee to hear us, good Lord.*

That it may please thee to grant to all the faithful departed eternal life and peace,

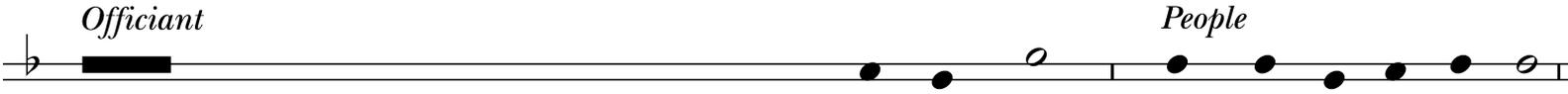
*We beseech thee to hear us, good Lord.*

That it may please thee to grant that, in the fellowship of Dunstan and all the saints, we may attain to thy heavenly kingdom,

*We beseech thee to hear us, good Lord.*



*Officiant* Son of God, we beseech thee to hear us.  
*People* Son of God, we beseech thee to hear us.



*Officiant*

*People*

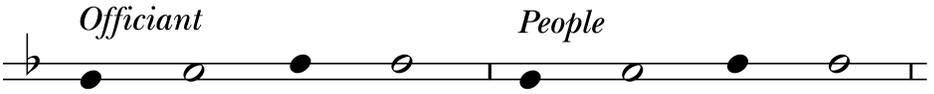
O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.  
O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.



*Officiant*

*People*

O Lamb of God, that takest away the sins of the world, Grant us thy peace.



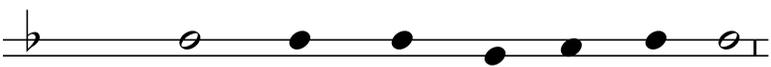
*Officiant*

*People*

O Christ, hear us. O Christ, hear us.

*When the litany is sung immediately before the Eucharist, the Litany concludes with the Kyries (which may be sung to any setting), and the Eucharist begins with the Salutation and the Collect of the day.*

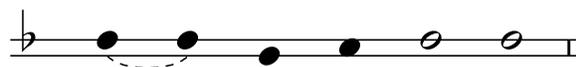
*On all other occasions, the Litany continues as follows:*



*Officiant* Lord, have mer - cy up - on us.

*People* Christ, have mer - cy up - on us.

*Officiant* Lord, have mer - cy up - on us.



Ky - ri - e e - lei - son.

Chri - ste e - lei - son.

Ky - ri - e e - lei - son.

*or*

Cantor

Choir

organ  
ad lib (hum)

*Have mercy upon us.*

O God the Father, Creator of heaven and earth,  
*Have mercy upon us.*

O God the Son, Redeemer of the world,  
*Have mercy upon us.*

O God the Holy Ghost, Sanctifier of the faithful,  
*Have mercy upon us.*

O holy, blessed, and glorious Trinity, one God,  
*Have mercy upon us.*

(hum)

*Spare us, good Lord.*

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers;  
neither reward us according to our sins. Spare us, good Lord, spare thy  
people, whom thou hast redeemed with thy most precious blood, and by thy  
mercy preserve us, for ever.  
*Spare us, good Lord.*



From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,  
*Good Lord, deliver us.*

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*Good Lord, deliver us.*

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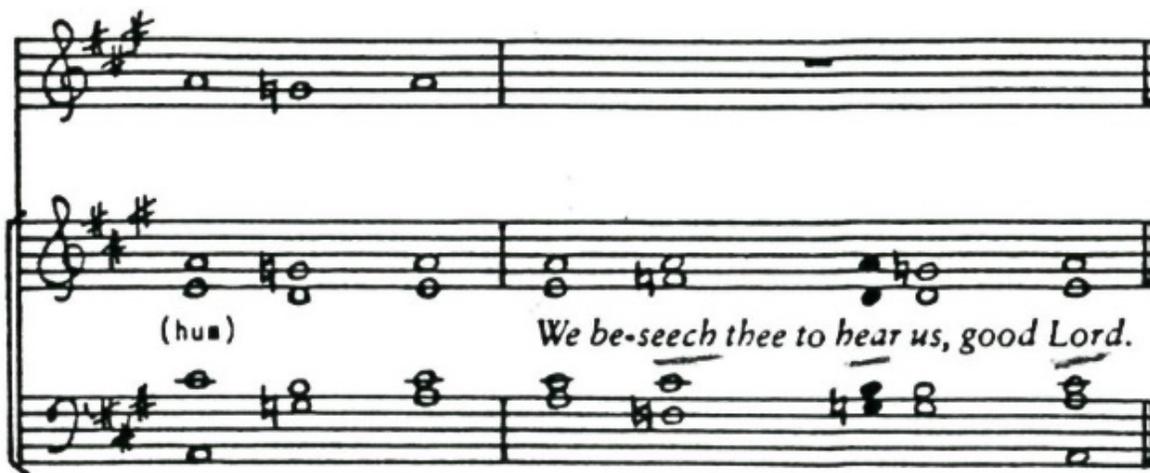
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That it may please thee to bless and keep all thy people,  
*We beseech thee to hear us, good Lord.*

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,  
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under our feet,  
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That it may please thee to grant to all the faithful departed eternal life and  
peace,  
*We beseech thee to hear us, good Lord.*

That it may please thee to grant that, in the fellowship of Dunstan and all the  
saints, we may attain to thy heavenly kingdom,  
*We beseech thee to hear us, good Lord.*

Son of God, we beseech thee to hear us.

(hum) *Son of God, we beseech thee to hear us.*

O Lamb of God, that takest away the sins of the world,  
 O Lamb of God, that takest away the sins of the world,  
 O Lamb of God, that takest away the sins of the world,

(hum) *Have mercy up on us.  
 Have mercy up on us.  
 Grant us thy peace.*

O Christ, hear us.

(hum) *O Christ, hear us.*

Lord, have mercy up on us. Lord, have mercy up on us.

(hum) *Christ, have mercy up on us. (hum)* *slow*

## **The Collect of the Day**

*Celebrant* The Lord be with you.

*People* And with thy spirit.

*Celebrant* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

*All are seated.*

### **First Reading: Genesis 2:15-17; 3:1-7**

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden’?” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.

*Thanks be to God.*

## Psalm 32



- 1 Happy are they whose transgressions are for-/given, \*  
and whose sin is put a-/way!
- 2 Happy are they to whom the LORD imputes no / guilt, \*  
and in whose spirit there is no / guile!
- 3 While I held my tongue, my bones withered a-/way, \*  
because of my groaning all day / long.
- 4 For your hand was heavy upon me day and / night; \*  
my moisture was dried up as in the heat of / summer.
- 5 Then I acknowledged my sin to / you, \*  
and did not conceal my / guilt.
- 6 I said, " I will confess my transgressions to the / LORD." \*  
Then you forgave me the guilt of my / sin.
- 7 Therefore all the faithful will make their prayers to you in time of /  
trouble; \*  
when the great waters overflow, they shall not / reach them.
- 8 You are my hiding-place;  
you preserve me from / trouble; \*  
you surround me with shouts of de-/liverance.
- 9 "I will instruct you and teach you in the way that you should / go; \*  
I will guide you with my / eye.
- 10 Do not be like horse or mule, which have no under-/standing; \*  
who must be fitted with bit and bridle,  
or else they will not stay / near you."
- 11 Great are the tribulations of the / wicked; \*  
but mercy embraces those who trust in the / LORD.
- 12 Be glad, you righteous, and rejoice in the / LORD; \*  
shout for joy, all who are true of / heart.

## Second Reading: Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses

brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The Word of the Lord.

*Thanks be to God.*

**Sequence Hymn 150 (8:00 v1-3)**

*Forty days and forty nights*

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
 2 Should not we thy sor - row share and from world - ly joys ab - stain,  
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

## **The Holy Gospel: Matthew 4: 1-11**

*Leader*            The Holy Gospel of our Lord Jesus Christ according to Matthew...

*People*            *Glory be to thee, O Lord.*

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

*Praise be to thee, O Christ.*

### **(10:00) Children's Moment**

**Sermon**

The Rev. D. Rebecca Hansen

**The Nicene Creed, *standing as able***

*Celebrant & People*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

## **The Peace**

BCP 360

*All stand. The Celebrant says to the people*

The peace of the Lord be always with you.

*People* And also with you.

*You are invited to share a sign of peace or greeting those around you.*

## **Announcements**

### **Birthday and Anniversary Prayers**

**O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen.**

**(10:00) Prayer Quilts, said together**

**Gracious and Loving God, we thank You for the loving hands and spirits of those who created this quilt for the comfort of those in need. Let this quilt be a tangible sign and symbol of your enfolding love as Your**

**Holy Spirit embraces them, eases their pain and worry, and brings them Your comfort and peace. In Jesus' name we pray. Amen.**

### Offertory Sentence

**(10:00) Offertory Anthem:** *Behold the Lamb of God*, from *Messiah*  
G.F Handel

Behold the Lamb of God, that taketh away the sin of the world.

**(8:00) Celebrant** All things come from thee, O Lord.  
*People* And of thine own have we given thee.

### The Great Thanksgiving (8:00 spoken)

### Eucharistic Prayer I

*Celebrant* The Lord be with you. *People* And with thy spi - rit.

*Celebrant* Lift up your hearts. *People* We lift them up un - to the Lord.

*Celebrant* Let us give thanks un - to our Lord God.

*People* It is meet and right so to do.

Setting: Copyright © Church Publishing Inc.

### *Celebrant*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*The Celebrant adds a Proper preface.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

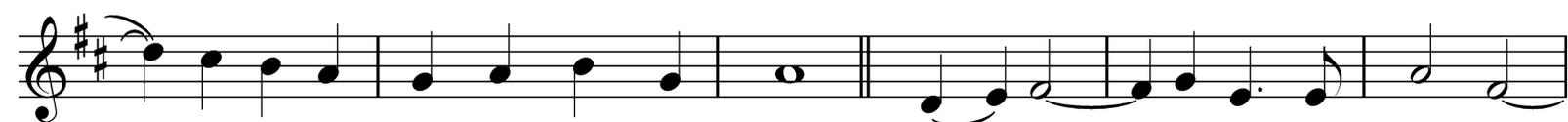
*Celebrant and People (8:00 spoken)*

Hymnal S 114

Ho - ly, ho - ly, ho - ly, Lord God of



Hosts: Hea - ven and earth are full\_\_\_\_\_ of thy glo - ry. Glo -



- ry be to thee, O Lord Most High. Bless - ed\_\_\_\_\_ is he that com - eth\_



\_\_\_\_\_ in the name of the Lord. Ho - san - na in the high - est.

Music: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968). By permission of Oxford University Press.

### *Celebrant*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most

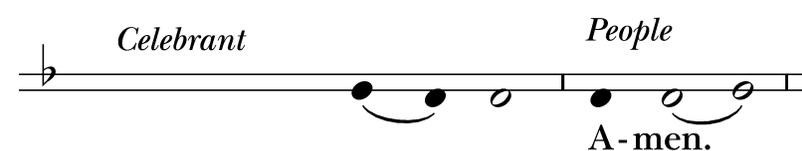
blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end.



Setting: Copyright © Church Publishing Inc.

And now as our Savior Christ has taught us, we are bold to say

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

## **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

## Lamb of God (8:00 spoken)

Hymnal S 158

O Lamb of God, that ta - kest a -  
way the sins of the world, have mer - cy up -  
on us. O Lamb of God, that  
ta - kest a - way the sins of the world, have  
mer - cy up - on us. O Lamb of  
God, that ta - kest a - way the sins of the  
world, grant us thy peace.

Music: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968). By permission of Oxford University Press.

### *Celebrant & people*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

### *Celebrant*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## The Communion

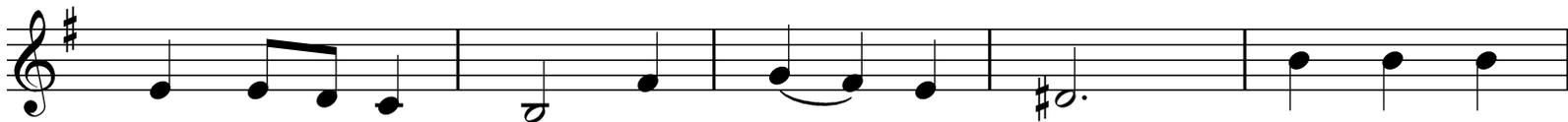
*All are welcome to receive Holy Communion in the Episcopal Church regardless of your church/denominational background. Please extend 2 hands if you wish to have your bread dipped into the wine and extend one hand if you prefer to receive bread only and/or the common cup. If you need gluten free bread or prefer no wine, please indicate this. If you do not want Communion, you can come forward for a blessing instead, indicated by crossing your hands over your chest or simply remain in your seat.*

**(10:00) Communion Anthem:** *Kyrie eleison*

Lisa Chaddock

**(10:00) Communion Hymn 148**

*Creator of the earth and skies*



1 Cre - a - tor of the earth and skies, to whom the  
 2 We have not known you: to the skies our mon - u -  
 3 We have not loved you: far and wide the wreck - age  
 4 For this, our fool - ish con - fi - dence, our pride of  
 5 Teach us to know and love you, Lord, and hum - bly



1 words of life be - long, grant us your truth to make us  
 2 ments of fol - ly soar, and all our self - wrought mis - er -  
 3 of our ha - tred spreads, and e - vils wrought by hu - man  
 4 know-ledge and our sin, we come to you in pen - i -  
 5 fol - low in your way. Speak to our souls the quick - ening



1 wise; grant us your power to make us strong.  
 2 ies have made us trust our - selves the more.  
 3 pride re - coil on un - re - pent - ant heads.  
 4 tence; in us the work of grace be - gin.  
 5 word, and turn our dark - ness in - to day.

## **Sending out of Eucharistic Visitors**

*Priest* In the name of Christ Jesus, and through the family of St. Dunstan's, we send you out bearing these holy gifts for God's holy people: that those who will receive them with us may experience the majesty and the mystery of His presence. We who are many are one body,

*People* *because we all share one bread and one cup.*

## **Post Communion Prayer**

BCP 365

*Celebrant* Let us pray

*Celebrant & people*

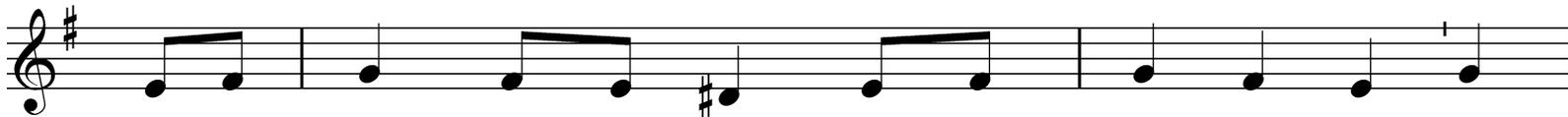
Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. *Amen.*

## **Blessing**

*Celebrant* Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you now and remain with you forever. *Amen.*

**Closing Hymn 143 (8:00 v1,2,4)**

*The glory of these forty days*



1 The glo - ry of these for - ty days we  
 2 A - lone and fast - ing Mo - ses saw the  
 3 So Dan - iel trained his mys - tic sight, de -  
 4 Then grant us, Lord, like them to be full  
 \* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
 2 lov - ing God who gave the law; and to E - li - jah,  
 3 liv - ered from the li - ons' might; and John, the Bride - groom's  
 4 oft in fast and prayer with thee; our spi - rits strength - en  
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
 2 fast - ing, came the steeds and char - i - ots of flame.  
 3 friend, be - came the her - ald of Mes - si - ah's name.  
 4 with thy grace, and give us joy to see thy face.  
 5 Name a - dored, from age to age, the on - ly Lord.

## **The Dismissal**

Go in peace to love and serve the Lord.

*Thanks be to God.*

**The Postlude:** *Out of the deep I cry to thee*

Samuel Scheidt

## **INTERCESSIONS**

*The names listed here are for your daily prayers throughout the coming week. You are welcome to add names to the list before or after the service in the clipboard located in the narthex. If you have a prayer request, please contact the church office at 619-460-6442 or Ellen Single at 619-241-2925 and tell us if you want it made available just to the Clergy, to the Daughters of the King, or to the whole parish. Names will be removed 1 month after they are listed.*

**Healing:** Jean Igoe, William Corpening, Craig Connelly, Leslie, Cynthi Miller, Sheila Hansen, Vivian Ryan, Junko, Jillian Belding, Ashlyn Bond, Warren, Bill Latta, Becky, Bob Igoe, Ann Marie Marvin, Jaimy Scott, David Redwine, Jim Heiner, Danni, Annette, Quentin, Charlotte Dinovo, Gary Krueger, Kirsten, Becky Lujan, Shirley Mann, Margaret Henson, Brandy Williams, Kelly, Mary Helen Kane, Edith Vallese, Jack

*Birthdays this week: Sanford Hampton, Zane Hoyt, Karen Mitchell, Amy Lockwood, Claire Dermody*

*Anniversaries: David & Deborah Berglund*

## **PARISH NOTICES**

### **Lenten Soup Supper Study**

The Rule of St. Benedict: Spirituality for the 21st Century: February 25 – March 18 Wednesdays in Lent 5:30pm: Supper, 6pm: Study

Join us for a Lenten Evening Study exploring The Rule of Benedict as described in the book by the same name by renown author Joan Chittister. Written in the sixth century by St. Benedict of Nursia, the Rule offers timeless wisdom for living in community. We will reflect on its contemporary application, with themes of stewardship, humility, reflection, and equality and how the Rule provides a wonderful tool for use in the holy season of Lent. This study will complement our Summer Reading of “The Ruthless Elimination of Hurry.” Participants may want to purchase “The Rule of Benedict” as optional to accompany the study. All are welcome! If you need childcare, please let Rev. Rebecca know in advance so that arrangements can be made.

**Grief Support Group:** Our grief group will be meeting again starting Wed.,

February 11th from 5:00 to 6:30 pm. We will meet every other Wednesday, with shorter meetings on the two dates that happen during the evening Lenten study. The book we will be reading is “The Grief Recovery Handbook – the Action Program for Moving Beyond Death, Divorce, and Other Losses” by John W. James and Russell Friedman. Anyone interested is welcome to join us. They should purchase the book prior to our first meeting.

**Sundays Mornings in Lent:** Centering Prayer, 9:00am – Chapel - 2/22 – 3/22  
Every Sunday morning in Lent we will gather and participants will be provided with a brief teaching on the practice of the ancient art of Christian contemplative prayer, which arose out of the Benedictine tradition, known simply as “Centering Prayer.” Following the teaching on this form of meditative silent prayer, we will practice Centering Prayer together. The group will be led by Rev. Rebecca. This program anticipates the possibility of creating a “Centering Prayer” group here at St. Dunstan’s in 2026. All are welcome- especially those new to this wonderful form of prayer!

### **Join Lent Madness 2026!**

You are invited to the annual fun tradition of learning more about the saints by participating in the Episcopal Church's "Lent Madness" throughout the duration of Lent. Be sure to subscribe to the daily Lent Madness updates, read about the dueling- saints of the day, and then cast your vote in this "tournament" of the saints! Out of 32 saints only one will be the winner and be awarded the coveted Golden Halo. For more information and to participate/subscribe check out: [www.lentmadness.org](http://www.lentmadness.org)

### **St Dunstan's High School Seniors!**

If you’re a high school senior, now is the time to think about college financial assistance! The Biondo Memorial Scholarship is available only to St. Dunstan’s high school seniors who have been accepted to an accredited four-year college or university. This year only, it is also open to members of St. Dunstan’s who have not been a previous winner of a Biondo Scholarship. To request a Biondo Scholarship application, email Vanessa Hiday, St. Dunstan’s Parish Administrator, at [vanessah@stdunstans.org](mailto:vanessah@stdunstans.org). If you have questions or need additional information, reach out to Bill Chisum. **ALL completed applications MUST be emailed to Bill by May 23<sup>rd</sup>.**

**Wednesday Night Fellowship Dinners** will be on hiatus from Feb. 18-April 15. However, Please come to the Lenten Soup Suppers and lessons on The Rule of St. Benedict, at 5:30 pm.

**MITE BOXES:** Thank you, St. Dunstanites, for your support of our Advent/Christmas Mite Box offering which was collected on Epiphany Sunday

this year. The total was \$1151.65, which was sent to ROWAN (Rural Orphans Widows AIDS Network). Our Lenten Mite Box collection will go to Heifer Project, USA. Pick up a Mite Box after church on Feb. 15, and bring it back on Easter.

### **SCRIP Program - It's Really Just Gift Cards For Sale**

St. Dunstan's runs a Scrip program to benefit our Outreach ministries. Basically, we sell gift cards to many brands for their face value, and the church gets the benefit of a discount. For some brands - such as Albertsons or Amazon - the discount is only 1.5 or 2.0%. For others - especially clothing vendors like Lands' End or Nike - the discount may be more than 10%. So if you buy a Nike gift card for \$50, you get to purchase \$50 of Nike merchandise and the Outreach program gets \$5.50 representing the 11% discount for this brand.

Gift cards are sold after both services on Sundays. Some vendors' gift cards are in stock and can be acquired on the spot. Examples include Denny's, Amazon, Starbucks, Target, and Walmart in various denominations. Other vendors' cards are special ordered, usually for delivery the following Sunday. There are hundreds of vendors in this category, ranging from Carnival Cruise Lines and Southwest Airlines to Shake Shack, to name only a few; the complete list of participating brands is available at the Scrip table after services. Special orders resume Sunday, February 8. All purchases are paid for by check or cash at the time of purchase or special order.

Please support our Outreach ministries by purchasing gift cards through our Scrip program. For any questions, please contact Christine Bagley (619) 867-2117 or [ccb92120@icloud.com](mailto:ccb92120@icloud.com).

### **ASSISTING IN TODAY'S SERVICE**

<b>Clergy</b>	The Rev. D. Rebecca Hansen
<b>Music</b>	Gregory Funk, Parish Musician Deborah Berglund, Children's Victory Choir
<b>Readers</b>	Lisa Carroll, Ray Sifton Sanford Hampton, Darin Marvin, Jillian Belding
<b>Eucharistic Ministers</b>	Mal Bruce Mindy Wilcox, Pam Matosian, Sandia Tuttle
<b>Altar Guild</b>	Amy, Lisa, Christine
<b>Acolytes</b>	Richard, Sarah
<b>Sunday Sexton</b>	Ryan Sifton

**Connect:** The Rev. D. Rebecca Hansen, Rector, [rhansen@stdunstans.org](mailto:rhansen@stdunstans.org)  
**Church office hours: M-TH, 9am-3pm; Fridays 9am-12pm noon**

### **INFORMATION FOR THE SERVICE**

**St. Dunstan's Pledge cards** are available in the back of the church. You can mail a check to the office or donate online through ACS or on [www.stdunstans.org](http://www.stdunstans.org) or in person on Sunday morning.

If you wear **hearing aids with T-coil** you can hear our service directly through your hearing aids. If you do not have T-coil, or have hearing loss and are not yet ready for hearing aids, you can use one of our portable receivers and headset. A "**quiet room**" with streaming of the service is available in the back corner of this building and accessible seating options are marked and available throughout the church. Check with a Hospitality Minister for assistance.

**Children of all ages** are welcome in our services (noises and all). Our nursery is also open all morning for ages 0-3 (located on the east side of this building) and our "Pray-Ground" (front-left pew of the church) is open during the service with quiet children's activities. Christian education is at 9:00am for all ages (Sept-May) and during the 10:00am service children are welcome to come forward for a "Children's Moment" and may leave with teachers during the sermon for brief children's education and return just before Holy Communion. Children of all ages may receive Holy Communion at their parent's discretion.

**Accessible bathrooms** are located inside the church to the left and right of the main entrance. Please let a Hospitality Minister know if you need assistance with anything or have any questions.

**St. Dunstan's Episcopal Church | 6556 Park Ridge Blvd. | 619-460-6442 |  
StDunstans.org**