

Holy Communion: Rite Two
Fourth Sunday in Advent
December 22, 2024 | 10:00 AM



WELCOME!

We are an Episcopal (Anglican) community of various backgrounds and beliefs, drawn together by our love of God in Jesus Christ. We believe that God's radically inclusive love excludes no one. At St. Dunstan's, all people are welcome, no exceptions. Please visit our Welcome Table on the patio to get more information about our church. A "Welcome Pad" is located at the end of each pew if you would like to share your name and/or contact information. If you are interested in membership, please speak with our Rector, Rev. Rebecca. We're so glad you're here!

Prayer book & Hymnals: In the pews you will see various books in different colors. The red book is our Book of Common Prayer (BCP). BCP pages are included if you prefer to use the Prayer Book. The blue Hymnal 1982 contains many of the hymns in today's service. Other hymns, beginning with "J-", can be found in the white, large ringed book entitled "Make a Joyful Noise," produced by our Parish Musician, Gregory Funk.

The Prelude: *Savior of the nations, come!*

J.S. Bach

Opening Hymn 74

Blest be the King whose coming

The Lighting of the Advent Candle

Reader: With these four lights in Advent, may we perceive the mystery, and be built into a house for God.

Reader: With these four lights in Advent, may we not fear what will come.

People: With these four lights let us confess: "Let all be with us according to your word."

Reader: On this fourth Sunday of Advent we light the fourth candle which symbolizes peace.

Opening Sentence

BCP 355

Celebrant Blessed be God: Father, Son, and Holy Spirit

People And blessed be his kingdom, now and for ever. Amen.

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Trisagion, sung three times

Hymnal S 102

The image shows a musical score for the Trisagion. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is one flat (B-flat). The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are: "Ho - ly God, Ho - ly and Might - y,". The music is a simple, hymn-like setting with a steady rhythm.

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Music: Ver. *Hymnal* 1982, after Alexander Archangelsky (1846-1924). Setting: Copyright © Church Publishing Inc.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Purify our conscience, Almighty God, by your daily visitation, that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

All are seated.

First Reading: Micah 5:2-5a

You, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labor has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God. And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

The Word of the Lord.

Thanks be to God.



My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant.

From this day all generations will call me blessed: *
the Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,

The promise he made to our fathers, *
to Abraham and his children for ever.

Second Reading: Hebrews 10:5-10

When Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

The Word of the Lord.
Thanks be to God.

The Gospel: Luke 1:39-45

Leader The Holy Gospel of our Lord Jesus Christ according to Luke...

People *Glory to you, Lord Christ.*

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord."

The Gospel of the Lord.

Praise to you, Lord Christ.

Children's Moment

Sermon

The Rev. D. Rebecca Hansen

The Nicene Creed, *standing as able*

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit

he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

May our hearts leap for joy as we again assemble in prayer to await the Lord's coming. With Mary may our souls proclaim God's greatness as we say: Lord, in your mercy, hear our prayer.

For the church and this assembly: May we be enriched by our diversity and dedicated to preparing leadership for the future, acknowledging our present gifts, and remembering those who in the past birthed us into faith. Lord, in your mercy:

hear our prayer.

For the young Marys and Josephs in our society, and for newborn children, especially those undernourished and without parental love and care: May all be given a home and an atmosphere of home-making. Lord, in your mercy,

hear our prayer.

For an end to violence, oppression and injustice: As you lead us, Lord, from darkness to light, make us children of the light. May we join with Mary's song that we may be among those who exalt the lowly and fill the hungry with good things, routing out the proud of heart and drawing courage from the power of your arm. Lord, in your mercy:

hear our prayer.

For our own spirit: With Mary may our hearts be magnified, made much bigger than we imagine them to be. May the new breath of Advent stir in us such ardor that we extend ourselves much more than we thought possible. May we like Mary set out across the barren country without fear, to visit the Elizabeths in our lives. Lord, in your mercy:

hear our prayer.

May the God who is our comfort hear the cries of all in need. We especially pray for those in need on our prayer list: Chris, Joanne, Art, Lily, Stephanie, Jess, Eva, Diane, Dan, Bette, Mary Helen, Leila, Linda, Shirley, Bea, Anne Elise, Candyce, Abby, George, Jaimy, Jim, Jen, Wayne, Bob, Lydia, Adrian, Vanessa, Joan

For this let us pray to the Lord:

We also pray for requests from our community:

- For an end to war and for peace in Sudan, Ukraine, Israel, Gaza, and Lebanon
- For all Christians to be rooted in unity and commitment to Jesus

From our Diocesan cycle of prayer we pray for the Clergy and people of St. Barnabas, Borrego Springs, for those experiencing homelessness, and for those who journey at their side

From our military cycle of prayer we pray for the USNS Yukon (T-AO-202)

You are invited to add your own petitions at this time in your heart or with your voice.

Concluding Collect, *Celebrant*

Lord, we gather up the prayers of this household, confident that as each day you transform darkness into light, you know our deepest thoughts, and will refresh our spirits. We pray in the name of the one who transforms principalities and powers and renews heaven and earth, Christ our Lord. *Amen.*

Confession of Sin, *kneeling*

Let us confess our sins against God and our neighbor.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

BCP 360

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People

And also with you.

Announcements

Prayer Quilts, *said together*

Gracious and Loving God, we thank You for the loving hands and spirits of those who created this quilt for the comfort of those in need. Let this quilt be a tangible sign and symbol of your enfolding love as Your Holy Spirit embraces them, eases their pain and worry, and brings them Your comfort and peace. In Jesus' name we pray. Amen.

Birthday and Anniversary Prayers, *said together*

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen.

Thanksgiving & Blessing for the Ministry of Charlotte Conroy

Offertory Sentence

Come, thou long expected Jesus
born to set Thy people free;
from our fears and sins release us,
let us find our rest in thee.

Israel's strength and consolation,
hope of all the earth thou art;
dear desire of every nation,
joy of every longing heart.

Born thy people to deliver,
born a child, and yet a King,
born to reign in us forever,
now thy gracious kingdom bring.

By thine own eternal Spirit
rule in all our hearts alone;
by thine all sufficient merit,
raise us to thy glorious throne.

Offertory Hymn 71

Hark! The glad sound

The Great Thanksgiving: Eucharistic Prayer B

BCP 367

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes.

Staff 1: *Celebrant* (The Lord be with you. *People* (And al - so with you.

Staff 2: *Celebrant* (Lift up your hearts. *People* (We lift them to the Lord.

Staff 3: *Celebrant* (Let us give thanks to the Lord our God.

Staff 4: *People* (It is right to give him thanks and praise.

Setting: Copyright © Church Publishing Inc.

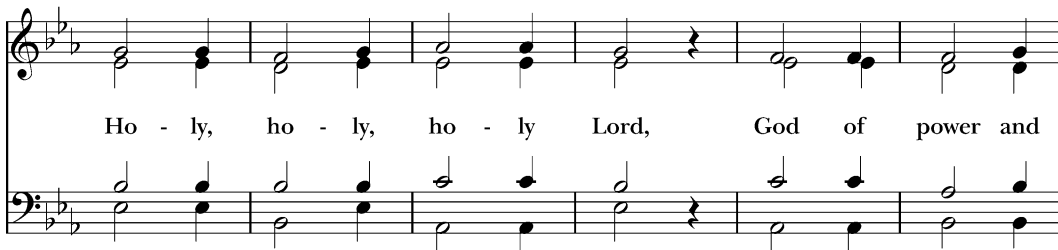
Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

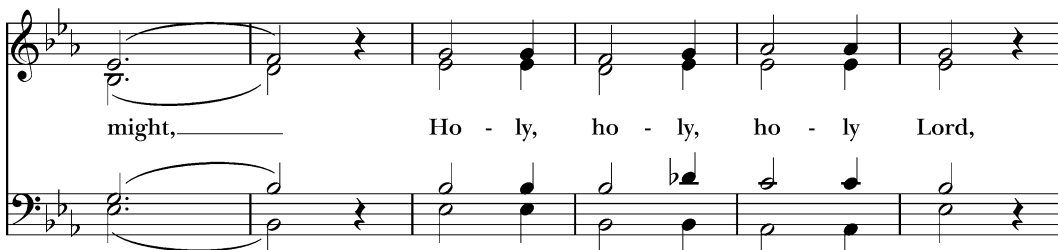
The Celebrant sings a Proper Preface.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People



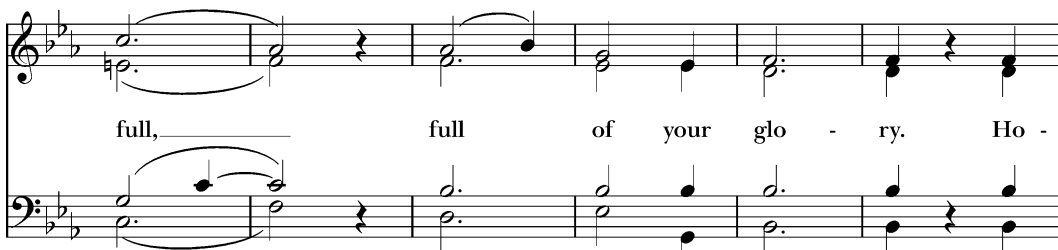
Ho - ly, ho - ly, ho - ly Lord, God of power and



might, Ho - ly, ho - ly, ho - ly Lord,



God of power and might, hea - ven and earth are



full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

Music: From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you

have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Setting: Copyright © Church Publishing Inc.

And now as our Savior Christ has taught us, we are bold to say:

BCP 364

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Christ our Passover

Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;
There - fore let us keep the feast. Al - le - lu - ia.

The image shows two staves of musical notation. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody consists of a series of quarter notes: A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7. The second staff also begins with a treble clef and a key signature of one flat. The melody consists of a series of quarter notes: D6, E6, F6, G6, A6, B6, C7, D7, E7, F7, G7, A7, B7, C8. The lyrics are written below the notes, with hyphens indicating syllables that span across notes.

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion

All are welcome to receive Holy Communion in the Episcopal Church regardless of your church/ denominational background. Please extend 2 hands if you wish to have your bread dipped into the wine and extend one hand if you prefer to receive bread only and/or the common cup. If you need gluten free bread or prefer no wine, please indicate this. If you do not want Communion, you can come forward for a blessing instead, indicated by crossing your hands over your chest or simply remain in your seat.

Communion Hymn 60

Creator of the stars of night

Communion Hymn 53

Once he came in blessing

Sending out of Eucharistic Visitors

Priest In the name of Christ Jesus, and through the family of St. Dunstan's, we send you out bearing these holy gifts for God's holy people: that those who will receive them with us may experience the majesty and the mystery of His presence. We who are many are one body,

People *because we all share one bread and one cup.*

Post Communion Prayer

BCP 365

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. *Amen.*

Blessing

Closing Hymn 56, v1-5

O come, O come, Emmanuel

The Dismissal

Alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God. Alleluia!

The Postlude: *Savior of the nations, come!*

J.S. Bach

PARISH NOTICES

The Annual Greening of St. Dunstan's | This Sunday, December 22nd at 3 p.m.

We need you!! Is there a more joyous feeling than walking into St. Dunstan's for Christmas Eve services and being greeted by a sparkling sanctuary with twinkling lights, candles, and lots of greenery? Or hearing the children gasp when they step into church and see everything from the floor to the rafters bursting with flowers, poinsettias, bows, and more? St. Dunstan's knows how to celebrate Christmas, and we truly need your help in making St. Dunstan's a holiday wonderland.

Please join us on Sunday, December 22nd at 3 p.m. for the Annual Greening of St. Dunstan's. We'll hang wreaths, festive garlands, and lights all around the sanctuary and memorial garden. Only a few of the tasks require climbing a ladder, so if that is not for you, that's ok. We'll have plenty of tasks for you. And if you just want to come and watch the magic happen, that's ok too! Last year we had such a festive group humming along to Christmas carols, chatting with new and old friends, and working together to prepare St. Dunstan's for Christmas.

Bring yourself, bring your kids, bring your grandkids, and bring your neighbors (you get the idea)! We welcome and encourage families to come and help, but since child care is not provided, all children must be accompanied by an adult.

If you have any questions, please contact Scott Maches at greening@stdunstans.org.

Advent/Christmas Mite Boxes: This year, the Outreach Committee decided that St. Dunstan's Mite Box offering should go to a congregation that was hard hit by the floods in North Carolina by Hurricane Helene. St. Mary & St. Stephen's, a small parish in Morganton, NC, is made up of an historically black congregation (St. Stephen's) and St. Mary's, a traditional white congregation.

Pick up your Mite Box in the narthex & fill it with coins, bills, and checks for this needy congregation. Bring these Mite Boxes back to church on Epiphany Sunday, Jan. 5th.

2025 Interfaith Shelter Network: We have received the dates for St. Dunstan's two week rotation in the Interfaith Shelter Network's Rotation Shelter. They are Saturday, February 1st through Saturday, February 15th. You can help by offering assistance through life-changing housing and support for guests here in our Youth Building, as they look for permanent housing. We will be housing up to 12 guests, so we will need lots of help to make these people feel cared for, comfortable, and welcome. Look for more information on how you can participate in the next month as we approach February 1st. Sign-up sheets are in the courtyard on the Welcome Table.

Are you interested in Junior Daughters of the King?

Open to all baptized girls and young women from ages 7 to 21, Junior Daughters of the King (JDOK) provides opportunities for girls to experience the joy of belonging to a fellowship in which love of God, others and self is the framework for meetings, activities and ministry to others. We have a great time and would love for you to join us! The next series of discernment classes for membership will begin in Early February! If you are interested in joining, please contact Melody Quin (melodyquin@gmail.com) by January 12th with any questions and to sign up. A special Candlelight Service will be held on February 2nd during the 10 am service for any interested young women as they begin their discernment process. Please join us in offering our prayers and encouragement for them on their journey with Jesus.

GET A RIDE, GIVE A RIDE: There is a current need for a ride to church in the 92120 zip code. Please let me know if you or someone you know is interested in being a volunteer driver, whether on a regular or rotational basis. Contact David Jespersen at accessibility@stdunstans.org or the church office at (619) 460-6442.

Christmas at St. Dunstan's

DEC. 24th | Children's Christmas Pageant Service
With Carols at 3:00 pm

DEC. 24th | Christmas Eve Festive Service
w/ Instruments & Carols at 5:00 pm,
Eucharist Service at 5:30 pm



DEC. 25th | Christmas Morning Service at 10:00 am

ASSISTING IN TODAY'S SERVICE

Clergy	The Rev. D. Rebecca Hansen, Rector
Assisting	Neil Kramer, Associate for Pastoral Care & Formation
Music	Gregory Funk, Parish Musician Deborah Berglund, Children's Victory Choir
Readers	Mindy Wilcox, Sandia Tuttle, Sarah Mitchell
Eucharistic Ministers	Mindy Wilcox & Sandia Tuttle
Altar Guild	Karen Seidman & Margaret Henson
Acolytes	Sarah, Caci, Sydney
Sunday Sexton	Johnny Turner

Connect: The Rev. D. Rebecca Hansen, Rector, rhansen@stdunstans.org

Church office hours: M-TH, 9am-3pm; Fridays 9am-12pm noon

INFORMATION FOR THE SERVICE

St. Dunstan's Pledge cards are available in the back of the church. You can mail a check to the office or donate online through ACS or on www.stdunstans.org or in person on Sunday morning.

If you wear **hearing aids with T-coil** you can hear our service directly through your hearing aids. If you do not have T-coil, or have hearing loss and are not yet ready for hearing aids, you can use one of our portable receivers and headset. A "**quiet room**" with streaming of the service is available in the back-east corner of this building and accessible seating options are marked and available throughout the church. Check with a Hospitality Minister for assistance.

Children of all ages are welcome in our services (noises and all). Our nursery is also open all morning for ages 0-3 (located on the east side of this building) and our "Pray-Ground" (front-left pew of the church) is open during the service with quiet children's activities. Christian education is at 9:00am for all ages (Sept-May) and during the 10:00am service children are welcome to come forward for a "Children's Moment" and may leave with teachers during the sermon for brief children's education and return just before Holy Communion. Children of all ages may receive Holy Communion at their parent's discretion.

Accessible bathrooms are located inside the church to the left and right of the main entrance. Please let a Hospitality Minister know if you need assistance with anything or have any questions.

St. Dunstan's Episcopal Church | 6556 Park Ridge Blvd. | 619-460-6442 | StDunstans.org