

Holy Communion: Rite Two
Twenty-First Sunday after Pentecost
October 13, 2024 | 8AM & 10AM



Photo taken by: Scott Maches

St. Dunstan's Episcopal Church
6556 Park Ridge Blvd. San Diego, Ca 92120
619-460-6442 StDunstans.org

WELCOME!

We are an Episcopal (Anglican) community of various backgrounds and beliefs, drawn together by our love of God in Jesus Christ. We believe that God's radically inclusive love excludes no one. At St. Dunstan's, all people are welcome, no exceptions. Please visit our Welcome Table on the patio to get more information about our church. A "Welcome Pad" is located at the end of each pew if you would like to share your name and/or contact information. If you are interested in membership, please speak with our Rector, Rev. Rebecca.

We're so glad you're here!

Prayer book & Hymnals: In the pews you will see various books in different colors. The red book is our Book of Common Prayer (BCP). BCP pages are included if you prefer to use the Prayer Book. The blue Hymnal 1982 contains many of the hymns in today's service. Other hymns, beginning with "J-", can be found in the white, large ringed book entitled "Make a Joyful Noise," produced by our Parish Musician, Gregory Funk.

The Prelude

Opening Hymn 408 (8:00 v1,3)

Sing praise to God who reigns above

Opening Sentence

BCP 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen..

Gloria in excelsis (8:00 spoken)

The musical score is written on five staves in G major (one sharp) and 4/4 time. The lyrics are: "Glo - ry to God in the high - est and peace_ to his peo-ple on earth. Lord God, hea-ven-ly King, al - might - y God and Fa - ther, We wor-ship you, we give you thanks, we praise you for ___ your glo - ry. Lord Je-sus Christ, on - ly Son of the Fa - ther:"

Lord God, Lamb of God, you take a - way the sin of the
world, have mer - cy on us. You are seat - ed at the
right hand of the Fa - ther, re - ceive our prayer.
For you a - lone are the Ho - ly One. You a -
lone are the Lord. You a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

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The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

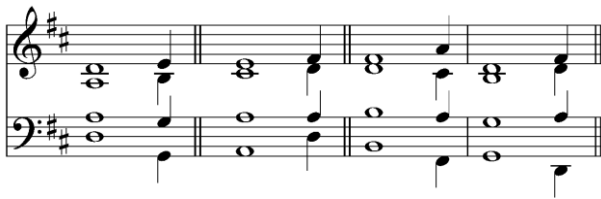
Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

First Reading: Amos 5:6-7,10-15

Seek the Lord and live, or he will break out against the house of Joseph like fire, and it will devour Bethel, with no one to quench it. Ah, you that turn justice to wormwood, and bring righteousness to the ground! They hate the one who reproves in the gate, and they abhor the one who speaks the truth. Therefore, because you trample on the poor and take from them levies of grain, you have built houses of hewn stone, but you shall not live in them; you have planted pleasant vineyards, but you shall not drink their wine. For I know how many are your transgressions, and how great are your sins— you who afflict the righteous, who take a bribe, and push aside the needy in the gate. Therefore the prudent will keep silent in such a time; for it is an evil time. Seek good and not evil, that you may live; and so the Lord, the God of hosts, will be with you, just as you have said. Hate evil and love good, and establish justice in the gate; it may be that the Lord, the God of hosts, will be gracious to the remnant of Joseph. The Word of the Lord.

Thanks be to God

Psalm 90:12-17 (8:00 spoken)



- 12 So teach us to number our / days *
that we may apply our hearts to / wisdom.
- 13 Return, O Lord; how long will you / tarry? *
be gracious to your / servants.
- 14 Satisfy us by your loving-kindness in the / morning; *
so shall we rejoice and be glad all the days of our / life.
- 15 Make us glad by the measure of the days that you af-/flicted us *
and the years in which we suffered ad-/versity.
- 16 Show your servants your / works *
and your splendor to their / children.
- 17 May the graciousness of the Lord our God be up-/on us; *
prosper the work of our hands; prosper our handiwork.

Second Reading: Hebrews 4:12-16

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of

the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account. Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

The word of the Lord.

Thanks be to God.

(10:00) Sequence Hymn 707

Take my life, and let it be

The Holy Gospel: Mark 10:17-31

Leader The Holy Gospel of our Lord Jesus Christ according to Mark...

People *Glory to you, Lord Christ.*

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, “Good Teacher, what must I do to inherit eternal life?” Jesus said to him, “Why do you call me good? No one is good but God alone. You know the commandments: ‘You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.’” He said to him, “Teacher, I have kept all these since my youth.” Jesus, looking at him, loved him and said, “You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.” When he heard this, he was shocked and went away grieving, for he had many possessions. Then Jesus looked around and said to his disciples, “How hard it will be for those who have wealth to enter the kingdom of God!” And the disciples were perplexed at these words. But Jesus said to them again, “Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.” They were greatly astounded and said to one another, “Then who can be saved?” Jesus looked at them and said, “For mortals it is impossible, but not for God; for God all things are possible.” Peter began to say to him, “Look, we have left everything and followed you.” Jesus said, “Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.”

The Gospel of the Lord.

Praise to you, Lord Christ.

(10:00) Children's Moment

The Sermon

The Rev. D. Rebecca Hansen

The Nicene Creed, *standing as able*

Celebrant and people

We believe in one God,

the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Christ challenges our comforts and complacencies. Let us turn to him in our need, asking for God's intervention in our world, saying: *Lord, hear our prayer.*

For the victims of war, conflict, and violence throughout the world, that they might encounter justice and peace, participating in the reign of God, we pray to the Lord: *Lord, hear our prayer.*

For churches and their leaders, that the dominion of God might be proclaimed in action as well as in word, we pray to the Lord. *Lord, hear our prayer.*

For the lost, the lonely, the isolated, and the ill, that they might receive blessings a hundredfold, leading to eternal life, we pray to the Lord: *Lord, hear our prayer.*

For this community, gathered in prayer, that we might gain riches by giving ours to others, we pray to the Lord. *Lord, hear our prayer.*

For Christian communities, that the struggle to follow Christ will lead to life eternal, we pray to the Lord. *Lord, hear our prayer.*

We pray for all who are on our healing prayer list: Louise, Shirley, Ellen, Bea, Anne Elise, Candyce, Dan, Elizabeth, Tammy, Pamela, Joanne, Judith, Cathy, Cheryl, Kathy H., Sue, Richard, Abby, George, Jaimy, Tim, Jim, Ron, Jen, Wayne, Bob, Lydia, Adrian, Vanessa M., Joan

O Lord, our Healer, we pray:
Lord, hear our prayer.

We also pray for requests from our community:

- For an end to war and for peace in Sudan, Ukraine, Israel, and Gaza
- For peace, discernment and charity throughout our national election cycle.
- *Additional prayers and online requests*

For our Diocesan Cycle of Prayer, we pray For Formation Leaders on retreat at Camp Stevens, and for Deacons throughout the Church.

For our Military cycle of Prayer we pray for the United States Navy on their 249th birthday

Please add your own petitions silently or aloud.

Concluding Collect

God, source of life and fountain of mercy, all things are possible with you. Grant us a share in your eternal life. We ask this through Jesus Christ our Lord. Amen.

Confession of Sin

Celebrant Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Absolution

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace, *standing*

BCP 360

Celebrant The peace of the Lord be always with you.

People And also with you.

Announcements

Introduction of Neil Kramer

Prayer Quilts, *said together*

Gracious and Loving God, we thank You for the loving hands and spirits of those who created this quilt for the comfort of those in need. Let this quilt be a tangible sign and symbol of your enfolding love as Your Holy Spirit embraces them, eases their pain and worry, and brings them Your comfort and peace. In Jesus' name we pray. Amen.

Birthday and Anniversary Prayers, said together

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen.

Offertory Sentence

(10:00) Offertory Anthem; *Trust in God*

Mark Riese

Put your trust in something strong;
Put your faith in someone sure;
All the earth will come and go,
Yet God's love will still endure.

We always put our trust in things that we can see and feel;
We seem to find it easier that way.
Yet when we put our faith in him and leave it to his will,
We'll grow in Christian living every day,

Put your trust in something strong;
Put your faith in someone sure;
All the earth will come and go,
Yet God's love will still endure.

So put your trust in something strong;
Put your faith in someone sure;
All the earth will come and go,
Yet God's love will still endure.
Yet God's love will still, will still endure.

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(10:00) Offertory Hymn: Give Thanks

Henry Smith

Give thanks with a grate-ful heart, givethanks to the Ho-ly One; Give thanks because He's giv-en Je - sus Christ, His Son. And now let the weak say, "I am strong," let the poor say, "I am rich" be-cause of what the Lord has done for us... Give thanks.

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The Great Thanksgiving: Eucharistic Prayer A (8:00 spoken)

BCP 361

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give him thanks and praise.

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Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

The Celebrant sings a Proper Preface.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People (8:00 spoken)

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and
might, Hea-ven and earth are full of your glo - ry. Ho-
san - na in the high - est.
Bless ed is he who comes in the name of the Lord. Ho-
san - na in the high - est.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People (8:00 spoken)



The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



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(8:00) And now, as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,

as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

(10:00) As our Savior Christ has taught us, we now pray:

BCP 364

People and Celebrant

Our Fa-ther, in hea-ven, hal-lowed be your Name.

Your king-dom come, your will be done, on earth as in hea-ven.

Give us to-day our dai-ly bread. For-give us our sins, as

we for-give those who sin a-against us. Save us from the time of trial,

and de-liv-er us from e-vil. For the king-dom, the pow-er, and the

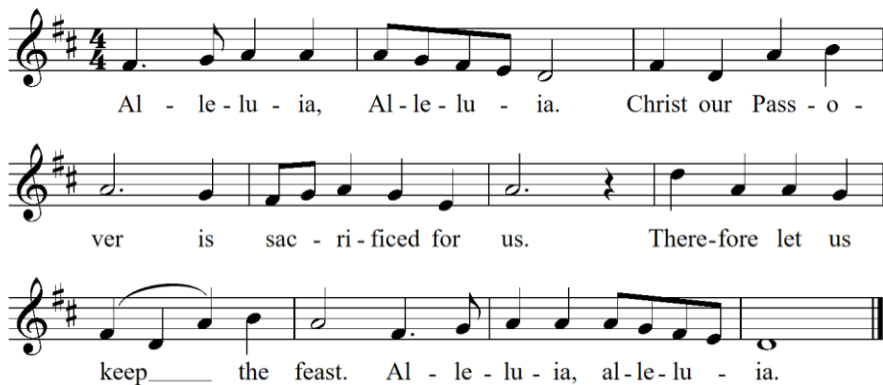
glo-ry are yours, now and for ev-er. A-men.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Christ our Passover (8:00 spoken)



Al - le - lu - ia, Al - le - lu - ia. Christ our Pass - o -
ver is sac - ri - ficed for us. There-fore let us
keep the feast. Al - le - lu - ia, al - le - lu - ia.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion

All are welcome to receive Holy Communion in the Episcopal Church regardless of your church/denominational background. Please extend 2 hands if you wish to have your bread dipped into the wine and extend one hand if you prefer to receive bread only and/or the common cup. If you need gluten free bread or prefer no wine, please indicate this. If you do not want Communion, you can come forward for a blessing instead, indicated by crossing your hands over your chest or simply remain in your seat.

(10:00) **Communion Violin Voluntary:** *Largo*, from *The Seasons: Winter*

Antonio Vivaldi

(10:00) **Communion Hymn J-351**

Don't turn back

(10:00) **Communion Hymn J-352**

I have decided to follow Jesus

(10:00) Sending out of Eucharistic Visitors

Priest In the name of Christ Jesus, and through the family of St. Dunstan's, we send you out bearing these holy gifts for God's holy people: that those who will receive them with us may experience the majesty and the mystery of His presence. We who are many are one body,

People because we all share one bread and one cup.

Post Communion Prayer

BCP 366

Celebrant Let us pray.

Celebrant and People

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food in the Sacrament of his Body and Blood.
Send us now into the world in peace, and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. *Amen.*

The Blessing

Closing Hymn 488

Be thou my vision

The Dismissal

Alleluia! Let us go out into the world, rejoicing in the power of the Spirit.
Thanks be to God. Alleluia!

The Postlude

ASSISTING IN TODAY'S SERVICE

Clergy	The Rev. D. Rebecca Hansen
Assisting	Neil Kramer
Music	Gregory Funk, Parish Musician Gail Schmidt, violin
Readers	Matt Brown & Donna Vaughan Michael & Nan Yang, Bette Boucher
Eucharistic Ministers	Donna Vaughan Sandia Tuttle & Ann Jarrett
Altar Guild	Barbara Heiner & Kay Muir
Acolytes	Julia, Avery, Sarah, Phoebe, Kyla
Sunday Sexton	Ryan Sifton

Connect: The Rev. D. Rebecca Hansen, Rector, rhansen@stdunstans.org

Church office hours: M-TH, 9am-3pm; Fridays 9am-12pm noon

INFORMATION FOR THE SERVICE

St. Dunstan's Pledge cards are available in the back of the church. You can mail a check to the office or donate online through ACS or on www.stdunstans.org or in person on Sunday morning.

If you wear **hearing aids with T-coil** you can hear our service directly through your hearing aids. If you do not have T-coil, or have hearing loss and are not yet ready for hearing aids, you can use one of our portable receivers and headset. A "**quiet room**" with streaming of the service is available in the back-east corner of this building and accessible seating options are marked and available throughout the church. Check with a Hospitality Minister for assistance.

Children of all ages are welcome in our services (noises and all). Our nursery is also open all morning for ages 0-3 (located on the east side of this building) and our "Pray-Ground" (front-left pew of the church) is open during the service with quiet children's activities. Christian education is at 9:00am for all ages (Sept-May) and during the 10:00am service children are welcome to come forward for a "Children's Moment" and may leave with teachers during the sermon for brief children's education and return just before Holy Communion. Children of all ages may receive Holy Communion at their parent's discretion.

Accessible bathrooms are located inside the church to the left and right of the main entrance. Please let a Hospitality Minister know if you need assistance with anything or have any questions.

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